MULLINGAR HARRIERS AND ATHLETIC CLUB
Founded 1975 Affiliated to AAI and IAAF

Constitution (amended 2019)

1. The Club shall be called "Mullingar Harriers and Athletic Club".

2. The Club shall be affiliated to the Athletic Association of Ireland.

3. The main object of the Club is to promote and encourage the sport of Athletics. It shall be non-political, non-sectarian, non-racist and non-discriminatory.

4. **Income and Property**
The income and property of the Club shall be applied solely towards the promotion of the main object(s) as set forth in this Constitution. No portion of the Club's income and property shall be paid or transferred directly or indirectly by way of dividend, bonus or otherwise howsoever by way of profit to members of the Club. No officer shall be appointed to any office of the Club paid by salary or fees, or receive any remuneration or other benefit in money or money's worth from the Club. However, nothing shall prevent any payment in good faith by the Club of:
a) Reasonable and proper remuneration to any member or servant of the Club (not being an officer) for any services rendered to the Club;
b) interest at a rate not exceeding 1% above the Euro Interbank Offered Rate (Euribor) per annum on money lent by an officer or other members of the Club to the Club;
c) Reasonable and proper rent for premises demised and let by any member of the Club (including any officer) to the Club;
d) Reasonable and proper out-of-pocket expenses incurred by any officer in connection with their attendance to any matter affecting the Club; and
e) Fees, remuneration or other benefit in money or money's worth to any Company of which an officer may be a member holding not more than one hundredth part of the issued capital of such Company.

Winding Up
If upon the winding up or dissolution of the Club there remains, after satisfaction of all debts and liabilities, any property whatsoever, it shall not be paid to or distributed among the members of the Club. Instead, such property shall be given or transferred to some other institution or institutions having main objects similar to the main objects of the Club. The institution or institutions to which the property is to be given or transferred shall prohibit the distribution of their income and property among their members to an extent at least as great as is imposed on the Club under or by virtue of the Income and Property clause hereof. Members of the Club shall select the relevant institution or institutions at or before the time of dissolution, and if and so far as effect cannot be given to such provisions, then the property shall be given or transferred to some charitable object. Final accounts will be prepared and submitted that will include a section that identifies and values any assets transferred along with the details of the recipients and the terms of the transfer.

Additions, alterations or amendments
No addition, alteration or amendment shall be made to the provisions of the main object clause, the income and property clause, the winding up clause, the keeping of accounts clause or this clause of the Constitution for the time being in force unless the same shall have been previously approved in writing by the Revenue Commissioners.

Keeping of Accounts
Where requested by the Revenue Commissioners, accounts will be audited.

5. The Club colours will be maroon with a white band. Club colours must be worn when representing the Club in open competition.

6. The Club shall consist of the following classes:
(a) Adult members,
(b) Senior and Masters Athletes,
(c) Junior Athletes (i.e. under 19 and under 20)
(d) Juvenile athletes (under 18 and younger, who will be non-voting members of the Club)

7. Membership shall be determined by the completion of a membership application form and, on payment of an appropriate subscription, the amount of which shall be fixed by the Executive Committee at the Annual General Meeting.

8. The acceptance to membership, application or the renewal of membership shall be at the discretion of the Treasurer in consultation with the Executive Committee.

9. Renewal of membership shall date from the first day of January and membership shall be deemed to have lapsed if the subscription is not paid within two calendar months.

10. The administration of the Club shall be in the hands of a President and Executive Committee consisting of a Vice-President, Chair, Vice-Chair, Secretary, Assistant Secretary, Treasurer, PRO, Elected Committee (up to 10), all of whom shall be elected by ballot at the Annual General Meeting of the Club (up to a maximum of 18). Should there be 2 or more candidates for any position, then the selection of same shall be decided by election (see Article 11 below). In reaching these totals (maximum 10 ordinary Committee members, maximum 18 in total on Executive Committee), gender balance is desirable, where practicable.

11. The Club shall elect annually at the Annual General Meeting:
(i) Four Trustees who shall have been members of the Club for at least five years. The Trustees shall be *ex-officio* members of the Executive Committee and shall not serve for more than ten consecutive years. Under the direction of the Executive Committee they shall be authorised to be the agents of the Club in respect of all Capital contracts, commitments and charges. Consequent to this direction at least three signatories shall be required for the completion of same. Such authorisation shall require an 80% majority vote of the Executive Committee (excluding *ex-officio* members).
(ii) Up to 3 Child Officers in accordance with the *"Code of Ethics and Good Practice for Children's Sport in Ireland"*. These Child officers shall be *ex-officio* members of the Executive Committee.

12. The Annual General Meeting shall take place in the month of January each year or as soon as practicable thereafter, and shall be conducted by the Chair or Vice-chair, or in their absence a person nominated by the members present. The Chair, or their nominee, shall preside at other general meetings of the Club, which may be called from time to time, at the discretion of the Executive Committee.

13. An Extraordinary General Meeting may be called if requested by two-thirds of the members and/or three-quarters of the Executive present in a notified meeting.

14. Notice of an impending Annual General Meeting shall be published in the local press.

15. The Executive Committee shall operate a bank account to which all monies received and issued on behalf of the Club shall be credited and debited. All decisions with regard to the raising and expenditure of funds shall be made by resolution of the Executive Committee. All financial surpluses and gains shall be used for the benefit of the community, especially in the field of athletics.

16. The Executive Committee shall have power to appoint other officers and sub-committees for special purposes. Such officers and sub-committees must act as directed by the Executive Committee.

17. The Executive Committee shall have power of co-option to fill any vacancies that may occur in their number.

18. The Executive Committee shall have power to establish rules and regulations for the ordering of their business, and also to establish any such as they think fitting for the proper regulation of the affairs of the Club.

19. A Quorum for ordinary Club Executive meetings shall be 50% plus 1 of the elected Committee (excluding *ex-officio* members). The Quorum for an ordinary Club Executive meeting which gives a Trustee authorization shall be 75% plus 1 and for the Executive Committee to give such authorization to the Trustees then 80% rounded up to the nearest whole number (excluding *ex-officio* members) must be in agreement.

20. No change shall be made in these rules except by agreement of a two-thirds majority of members attending and voting at the Annual General Meeting. Written notice of Motion, signed by the Proposer and Seconder, shall be given to the Secretary at least two weeks before such meeting and the Secretary shall inform each member entitled to vote of the Proposal.

21. The Committee shall have the power to appoint and dismiss staff and to decide the remuneration and functions of such staff.

22. The Club shall be supportive of the policies and regulations of the Athletic Association of Ireland and the Irish Sports Council.

23. Copy of Club Constitution and rules and regulations shall be publicly available.

24. The Executive Committee shall have full power to discipline, as they deem necessary, any member who brings themselves or the Club or the sport into disrepute. Such discipline shall be subject to the rules, sanctions and guidelines of the Athletic Association of Ireland, the Irish Sports Council and the International Association of Athletics Federations. Such member shall have a right of appeal to the Executive Committee, who may put an arbitration process in place should it be deemed necessary.

25. No officer shall hold more than 2 positions in any year. No officer shall hold the same position for more than 7 years in any 12 year period. No more than 2 members of the same family may hold the position of officer in any one year.

26. The Executive Committee may appoint Honorary Life Vice-Presidents by a 75% majority vote at the Annual General Meeting. These Honorary Life Vice-Presidents shall be *ex-officio* members of the Executive Committee.